

JARDINE MATHESON GROUP'S CHARITY, MINDSET, WINS AWARD FOR PROMOTING MENTAL HEALTH IN THE WORKPLACE FOR THE SECOND YEAR

Singapore, 5 May 2022 – The Jardine Matheson Group's ("Jardines", "怡和") registered charity, MINDSET Care Limited ("MINDSET", "思健"), has been recognised for its work in promoting positive mental health and wellness awareness in Singapore at the Silver Ribbon Mental Health Awards Ceremony for Employers 2022. This is the second consecutive year that MINDSET has received this award.

Organised by Silver Ribbon (Singapore), a social service agency that aims to combat mental health stigma and promote a positive attitude towards mental health, the award acknowledges deserving employers for their effort in creating mentally friendly and healthy workplaces.

MINDSET is amongst the employers acknowledged for promoting positive mental health awareness in the workplace, through offering job opportunities to persons with mental health issues, providing comprehensive resources on mental wellness, and equipping staff with knowledge to identify mental health issues and providing support to those in need.

At the virtual awards ceremony, Minister of State, Ministry of Education & Ministry of Manpower Gan Siow Huang, commended MINDSET for having provided a total of 256 job placements for persons with mental health issues within Jardine Matheson Group of companies since MINDSET's inception.

Since 2011, MINDSET has also channelled over S\$8.8 million into mental health projects in Singapore and committed over 47,000 employee volunteer hours supporting Singapore's mental health community.

Commenting on the award, MINDSET Chief Executive Officer, Jeffery Tan said, "Over a decade ago, we established MINDSET to provide direct assistance to mental health clients, their families, and caregivers. Today, we are encouraged that MINDSET's programmes continue to achieve these objectives and in addition, have now expanded its scope of mental health support."

"Workplace mental well-being is just as important in MINDSET's mission. We believe that championing mental health starts within our own organisation. We have therefore introduced and enhanced workplace mental well-being initiatives to create a safe and supportive environment for our employees. We intend to build on these efforts by deepening our investment into mental health literacy to foster a more inclusive workplace and society."

Jardines and MINDSET have been championing the underserved cause of mental health in the workplace through mental well-being initiatives and best practices, including the Employee Assistance Programme, for employees to reach out anonymously to trained mental health professionals for their



mental and emotional support. MINDSET also partners the Human Resource departments of Jardine companies to introduce and enhance workplace mental well-being initiatives, policies and best practice, as well as to support the reintegration of persons-in-recovery.

To meet MINDSET's mission of fostering open conversations and bridging community gaps, Jardine Ambassadors, who are employee volunteers, help drive awareness within Jardines and educate over 15,000 employees as well as members of public on mental health issues.

Going forward, MINDSET will continue to collaborate with its partners to drive conversations, share best practices and launch programmes that raise the standards of workplace mental health in Singapore and drive positive change in the wider community.

-END-

For media queries, please contact:

Samuel Tan
MINDSET Care Limited
samuel.tan@jcclgroup.com
+65 6470 7334 / +65 9674 4959

About MINDSET Care Limited

MINDSET Care Limited (MINDSET) is a registered charity of the Jardine Matheson Group. Since 2011, it has been contributing towards the mental health community in Singapore. MINDSET aims to raise awareness and funds as well as drive employment and social enterprise initiatives.

MINDSET is proud to be a recipient of the 2020 and 2018 Champion of Good, Charity Transparency Awards (2016 – 2019) and 2018 Charity Governance Awards.

For further information, please visit: <https://www.mindset.com.sg>.