



**FOR IMMEDIATE RELEASE**

**JARDINE MATHESON'S MINDSET CARE AND SAMH  
OPEN FIRST COMMUNITY-BASED FACILITY TO SUPPORT WSQ TRAINING  
FOR PERSONS-IN-RECOVERY FROM MENTAL ILLNESS**

**SINGAPORE, Monday, 28 March 2016** – In line with the government's efforts towards building a caring and resilient society, the Jardine Matheson Group of companies in Singapore ("Jardines") through its philanthropic initiative MINDSET Care Limited ("MINDSET") signed a Memorandum of Agreement with the Singapore Association for Mental Health ("SAMH") to establish a specialised training centre. Named the MINDSET Learning Hub, the manpower resource facility will support subsidised Workforce Skills Qualifications ("WSQ") programmes to persons-in-recovery from mental illness. This aims to equip the individuals with the necessary competencies and skill sets to secure meaningful employment.

2. With the support of Jardines, MINDSET is pledging S\$2 million to set up the MINDSET Learning Hub. The monies will be disbursed over five years, and utilised for the fitting out of the premises as well as for funding the operations of the training centre. The first disbursement of S\$400,000 will be eligible for dollar-for-dollar matching by the government as part of the SG50 celebrations. This will augment the pool of resources available to build capabilities in Singapore's mental health sector.

3. Commenting on the partnership, Chairman of the MINDSET Board, Mr Alex Newbigging said, "MINDSET has been supporting mental health social services in Singapore for the past five years. By way of job placements, fund raising, social enterprise and awareness initiatives, as well as employee volunteerism, the Jardine Matheson Group has been doing its part for mental illness through MINDSET. We are excited to work with SAMH to provide a facility that will advance the support for those in recovery. With WSQ-certified training, we hope that it will increase their employability and promote acceptance in the workforce."

4. Operated by SAMH, MINDSET Learning Hub will engage third-party trainers to offer WSQ programmes – a national credentialing system from Singapore Workforce Development Agency (“WDA”), which the beneficiaries can obtain for better vocational prospects. Upon successful completion of the training, MINDSET Learning Hub will also help to place trained clients back into the workforce.

5. President of SAMH, Associate Professor Daniel Fung said “SAMH is proud to partner MINDSET to start on this unique Train-and-Place model with WSQ certification, which involves the collaborative partnership with various industry partners, WDA and other training institutions. The training centre aims to help persons-in-recovery regain confidence and self-worth by assisting them to gain purposeful job placements and support during their period of employment.”

6. MINDSET Learning Hub will commence training in July 2016. The training programmes include cleaning, hospitality, healthcare support, retail and F&B. With a floor area of 5,800 square feet, MINDSET Learning Hub will comprise four classrooms and four job-simulated training environments namely, a café, a hotel room, a healthcare room and kitchen for hands-on learning.

7. The projected registration for training is up to 300 for the first year, with a targeted passing rate of 85%. To date, 14 outside employers and the participating Jardines companies have agreed to come on-board this initiative to offer employment opportunities to persons-in-recovery. The first batch of graduating trainees is expected to be in October 2016.

8. To support trainees in their journey to re-join the workforce, employability skills such as communication skills, resume writing and interview skills will be conducted by Jardine Ambassadors to improve the success rate of employment. Jardine Ambassadors are executives selected from across the Jardine Matheson Group to champion and organise MINDSET activities.

9. In addition, mental wellness programmes such as ‘Illness Management Recovery’ (IMR) will be incorporated into the training programmes to help persons-in-recovery to better manage their health during their employment. For some programmes, there will also be a work attachment component (internship) to help the individuals acquire field working experience. This enhances the employability of persons-in-recovery, as they will have the necessary competencies to take on the new jobs with greater confidence.

10. Apart from existing clients of SAMH, MINDSET Learning Hub is also open to persons-in-recovery from other mental health organisations.

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## Attachments



*Jardine Matheson's MINDSET Care collaborates with the Singapore Association for Mental Health to set up MINDSET Learning Hub. From left, Boon Yoon Chiang (Country Chairman of Jardine Matheson Group in Singapore), Alex Newbigging (Chairman, MINDSET), Associate Professor Daniel Fung (President, SAMH) and Tan Li Li (Executive Director, SAMH).*



*MINDSET and SAMH sign memorandum of agreement to establish a Train-and-Place centre for persons-in-recovery of mental illness. Pictured: Alex Newbigging (Chairman, MINDSET) (left) and Associate Professor Daniel Fung (President, SAMH) (right).*

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## About MINDSET Care Limited



MINDSET Care Limited (“MINDSET”) is a registered charity that was established by the Jardine Matheson Group of companies to make a difference in the area of mental health. Led by the Jardine Ambassadors, the MINDSET programme aims to raise awareness and understanding of mental health issues and to change attitudes, while at the same time providing practical support and help for individuals, families and charitable initiatives in the mental health sector. The MINDSET programme was extended from Hong Kong, where it was founded in 2002, to Singapore in 2011.

The participating Jardine Matheson Group companies in Singapore include: Jardine Matheson (Singapore), Jardine Cycle & Carriage; Jardine Engineering; Jardine Lloyd Thompson; JOS; Innovix Distribution; Schindler Lifts; Gammon Construction; Hongkong Land; MCL Land; Mandarin Oriental, Singapore; and Dairy Farm Singapore (Cold Storage; Giant Hypermarket; 7-Eleven; and Guardian Health & Beauty).



## About Singapore Association for Mental Health

Singapore Association for Mental Health was established in 1968 and is a voluntary welfare organisation with IPC status. The Association provides community-based mental health programmes and services. It currently operates 9 centres offering a variety of services including rehabilitation, counselling, art therapy, outreach and preventive talks.

## About MINDSET Learning Hub

MINDSET Learning Hub is MINDSET’s flagship project. It aims to help people recovering from mental illness reintegrate into the workforce, by empowering them with the relevant skills through Workforce Skills Qualifications training. The programmes will be conducted at MINDSET Learning Hub’s premises, which is designed to include a variety of simulated work environments to provide hands-on training. The programme is also supported by a job matching scheme to help clients get back into the workforce

## **MINDSET LEARNING HUB**

Funding partner	: The Jardine Matheson Group of Companies in Singapore, through MINDSET Care Limited
Operator	: Singapore Association for Mental Health
Location	: Blk 257, Jurong East St 24, Singapore 600257
Gross floor area	: Approximately 5,800 square feet
Facilities	: <ul style="list-style-type: none"><li>• 4 training classrooms</li><li>• 4 simulated training environments – a café, a hotel room, a healthcare room and kitchen.</li></ul>
Commencement of training	: July 2016
Available training slots	: Up to 300 per year
Programmes/Courses	: <ul style="list-style-type: none"><li>• Workforce Development Agency (WDA) Certified Workforce Skills Qualifications (WSQ) courses in various industries like Environmental Cleaning, Retail and more.</li><li>• Pre-Employment or employability programme like interviewing skills, resume writing, communication skills at work, grooming and more.</li><li>• Mental Health recovery and rehabilitation courses and programmes like Illness Management program (IMR), stress management, support group sessions.</li><li>• Job matching programme</li><li>• Employment support to trainees and employers</li></ul>